



## Perinatal Mental Health Therapists Waterloo Region

\* sliding scale

### Kitchener/ Waterloo

Andrea Wiebe, MSW, RSW\*  
[revelation-counselling.com](http://revelation-counselling.com)

Clare Pentelow, MSW RSW\*  
[kitchenertherapy.ca](http://kitchenertherapy.ca)

Firouzeh Sharifi, RP\*  
[firouzeh.sharifi.opc@protonmail.com](mailto:firouzeh.sharifi.opc@protonmail.com)  
Services in Farsi, French

Nicole Graff-Rowe MSW, RSW  
[transformationcounselling.com](http://transformationcounselling.com)

Rachel Brnjas, MSW RSW\*  
[tapestrycc.com](http://tapestrycc.com)

Rooted Thistle Counselling\*  
[rootedthistlecounselling.com](http://rootedthistlecounselling.com)

### Cambridge

Bina Moore, MSW, RSW  
[embracecounsellingservices.com](http://embracecounsellingservices.com)

Nicole Mitten, RSW\*  
[owlwellness.ca](http://owlwellness.ca)

### Virtual Practices

Better Bria  
[betterbria.ca](http://betterbria.ca)

Whole Family Psychotherapy\* (local)  
[wholefamilypsychotherapy.com](http://wholefamilypsychotherapy.com)

### Pay What You Can Therapy

Perinatal Wellbeing Ontario  
[perinatalwellbeing.ca/individual-pwyc](http://perinatalwellbeing.ca/individual-pwyc)

Athena Ferraro, MSW, RSW, PMH-C\*  
[athenaferraro.com](http://athenaferraro.com)

Fancy Therapy\*  
[fancytherapy.ca](http://fancytherapy.ca)

Kasi Shan, MSW RSW  
[kasishantherapy.com](http://kasishantherapy.com)  
Open Path Collective Member

Nicole Schiener, RP  
[peaceandpossibility.ca](http://peaceandpossibility.ca)

Rebecca Johnston, MSW RSW\*  
[fireflycounselling.com](http://fireflycounselling.com)

Sydney Tricand, RP (Q), CC-PMH\*  
[www.sydneytricand.com](http://www.sydneytricand.com)

Jessica Barnes, MSW, RSW  
[jessicabarnes.ca/](http://jessicabarnes.ca/)

Relationship Matters Therapy\*  
[relationshipmatterstherapy.com](http://relationshipmatterstherapy.com)

Elle Therapy  
[elletherapy.ca/](http://elletherapy.ca/)

The Well Parent Centre  
[wellparentscentre.com](http://wellparentscentre.com)